Division of Agriculture and Natural Resources
• Agricultural Experiment Station
• Cooperative Extension
Cooperative Extension

- More than 50 county offices
- More than 220+ county-based advisors and 130+ campus-based specialists
- Extends research-based information from the University to the Community
Expanded Food and Nutrition Education Program (EFNEP)

- Funded by USDA-National Institute of Food and Agriculture
- Goal: To assist limited-resource audiences to eat better & improve well being
- Program is research-based, learner-centered, comprehensive
- Target Audience:
  - Families with young children
  - Pregnant teens and adults
  - Youth 5-18 years old
Expanded Food and Nutrition Education Program (EFNEP)

- Adult Program: series of 9 lessons
- Eating Smart-Being Active, food demo/tasting, handouts, program enhancements
- Youth Program: partner with teachers to teach nutrition lessons in the classroom, age appropriate, hands-on lessons, focusing on nutrition & literacy
- Program is research-based, learner-centered, comprehensive
- EFNEP partners: UCCE programs (MG & MFP)
- EFNEP partners: local partners (SNAP-Ed, Public, etc.)
EFNEP Adult Program

- Partner with schools, community centers, medical clinics, Head Starts, and adult education sites.
- Series of 9 lessons
- Hands on group and individual activities
- Food demonstration and tasting
- Physical Activity
- Lesson enhancements after each class
- Lessons sent via mail or email
- 1 to 2 in person group sessions
- 1:1 coaching via video chat or phone call
- Certificate and lesson enhancements sent via mail for program graduates
EFNEP Youth Program

- Partners with teachers to teach nutrition lessons in the classroom, age appropriate, hands-on lessons, focusing on nutrition & literacy
Questions?

Roxana Price
EFNEP
Tel: 626-404-3601
Email: roxprice@ucanr.edu
Thank You
In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.)

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.ascr.usda.gov/sites/default/files/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
fax: (833) 256-1665 or (202) 690-7442;
email: program.intake@usda.gov.

This institution is an equal opportunity provider.